## **Appendix A: Derivation of Posterior for PPG Data**

Restating Bayes' rule (Equation 1):

$$\Pr(c, z | \vec{y}, \theta) = \frac{\Pr(\vec{y} | c, z, \theta) \Pr(z | c, \theta) \Pr(c | \theta)}{\sum_{c'} \int \Pr(\vec{y} | c', z', \theta) \Pr(z' | c', \theta) \Pr(c' | \theta) dz}.$$

Defining  $\Pr(c|\theta) = 1/C$ ,  $\Pr(c|\theta)$  drops:

$$\Pr(c, z | \vec{y}, \theta) = \frac{\Pr(\vec{y} | c, z, \theta) \Pr(z | c, \theta)}{\sum_{c'} \int \Pr(\vec{y} | c', z', \theta) \Pr(z' | c', \theta) dz}$$

Inserting the likelihood and prior of *z*:

$$\Pr(\vec{y}|c, z, \theta) = \prod_{d=1}^{D} \operatorname{Pois}(y_d; zW_{cd}); \quad \Pr(z|c, \theta) = \operatorname{Gam}(z; \alpha_c, \beta_c),$$

Bayes' rule becomes:

$$\begin{aligned} \Pr(\vec{y}|c, z, \theta) &= \frac{\prod_{d} \frac{(zW_{cd})^{y_{d}} \exp(-zW_{cd})}{y_{d}!} \frac{z^{\alpha_{c}-1} \exp(-z\beta_{c})\beta_{c}^{\alpha_{c}}}{\Gamma(\alpha_{c})}}{\sum_{c'} \int \prod_{d} \frac{(z_{c'}W_{c'd})^{y_{d}} \exp(-z_{c'}W_{c'd})}{y_{d}!} \frac{z^{\alpha_{c'}-1}}{\Gamma(\alpha_{c'})} \frac{z^{\alpha_{c'}-1}}{\Gamma(\alpha_{c'})} e^{\alpha_{c'}}}{\Gamma(\alpha_{c'})} dz_{c'}} \\ &= \frac{(\prod_{d} W_{cd})^{y_{d}} z^{\sum_{d} y_{d}} \exp(-z\sum_{d} W_{cd}) z^{\alpha_{c}-1} \exp(-z\beta_{c})\beta_{c}^{\alpha_{c}}\Gamma(\alpha_{c})^{-1}}{\sum_{c'} (\prod_{d} W_{cd})^{y_{d}} \int z^{\sum_{d} y_{d}} \exp(-z\sum_{d} W_{cd}) z^{\alpha_{c}-1} \exp(-z\beta_{c})\beta_{c}^{\alpha_{c}}\Gamma(\alpha_{c})^{-1} dz_{c'}}}{\sum_{c'} (\sum_{d} W_{cd}) \int z^{\alpha_{d}} e^{\alpha_{d}} \exp(-z\sum_{d} W_{cd}) z^{\alpha_{c}-1} \exp(-z\beta_{c})\beta_{c}^{\alpha_{c}}\Gamma(\alpha_{c})^{-1} dz_{c'}}. \end{aligned}$$

Imposing the constraint  $\sum_{d} W_{cd} = 1$  and letting  $\hat{y} = \sum_{d} y_{d}$ :

$$= \frac{(\prod_{d} W_{cd}^{y_{d}}) z^{\hat{y}} \exp(-z) z^{\alpha_{c}-1} \exp(-z\beta_{c}) \beta_{c}^{\alpha_{c}} \Gamma(\alpha_{c})^{-1}}{\sum_{c'} (\prod_{d} W_{cd}^{y_{d}}) \int z^{\hat{y}} \exp(-z) z^{\alpha_{c}-1} \exp(-z\beta_{c}) \beta_{c}^{\alpha_{c}} \Gamma(\alpha_{c})^{-1} dz_{c'}} \\ = \frac{(\prod_{d} W_{cd}^{y_{d}}) z^{\hat{y}+\alpha_{c}-1} \exp(-z(\beta_{c}+1)) \beta_{c}^{-\alpha_{c}} \Gamma(\alpha_{c})^{-1}}{\sum_{c'} (\prod_{d} W_{c'd}^{-y_{d}}) \int z_{c'}^{\hat{y}+\alpha_{c'}-1} \exp(-z_{c'}(\beta_{c'}+1)) \beta_{c'}^{-\alpha_{c'}} \Gamma(\alpha_{c'})^{-1} dz_{c'}}$$

We can get rid of the integral by introducing the factors  $(\beta_c + 1)^{\hat{y} + \alpha_c}$  and  $\Gamma(\hat{y} + \alpha_c)^{-1}$ :

$$=\frac{(\prod_{d}W_{cd}^{y_{d}})\frac{\beta_{c}^{\alpha_{c}}}{(\beta_{c}+1)^{\hat{y}+\alpha_{c}}}\frac{\Gamma(\hat{y}+\alpha_{c})}{\Gamma(\alpha_{c})}z^{\hat{y}+\alpha_{c}-1}\exp(-z(\beta_{c}+1))\frac{(\beta_{c}+1)^{\hat{y}+\alpha_{c}}}{\Gamma(\hat{y}+\alpha_{c})}}{\sum_{c'}(\prod_{d}W_{c'd}^{y_{d}})\frac{\beta_{c}^{\alpha_{c}}}{(\beta_{c}+1)^{\hat{y}+\alpha_{c}}}\frac{\Gamma(\hat{y}+\alpha_{c})}{\Gamma(\alpha_{c})}\int z^{\hat{y}+\alpha_{c}-1}\exp(-z(\beta_{c}+1))\frac{(\beta_{c}+1)^{\hat{y}+\alpha_{c}}}{\Gamma(\hat{y}+\alpha_{c})}dz},$$

and recognizing the integrand as a Gamma distribution, which must integrate to 1. The corresponding term in the numerator is also a Gamma distribution:

$$=\frac{(\prod_{d}W_{cd}^{y_{d}})\frac{\beta_{c}^{a_{c}}}{(\beta_{c}+1)^{\hat{y}+\alpha_{c}}}\frac{\Gamma(\hat{y}+\alpha_{c})}{\Gamma(\alpha_{c})}}{\sum_{c'}(\prod_{d}W_{c'd}^{y_{d}})\frac{\beta_{c'}^{\alpha'c'}}{(\beta_{c'}+1)^{\hat{y}+\alpha_{c'}}}\frac{\Gamma(\hat{y}+\alpha_{c'})}{\Gamma(\alpha_{c'})}}{\mathbf{Gam}(z;\alpha_{c}+\hat{y},\beta_{c}+1)}$$

Multiplying the numerator and denominator by  $(\hat{y}!)^{-1}$ :

$$=\frac{(\prod_{d}W_{cd}{}^{y_{d}})\frac{\beta_{c}^{c}c}{(\beta_{c}+1)^{\hat{y}+\alpha_{c}}}\frac{\Gamma(\hat{y}+\alpha_{c})}{\Gamma(\alpha_{c})\hat{y}!}}{\sum_{c'}(\prod_{d}W_{c'd}{}^{y_{d}})\frac{\beta_{c'}^{\alpha_{c'}}}{(\beta_{c'}+1)^{\hat{y}+\alpha_{c'}}}\frac{\Gamma(\hat{y}+\alpha_{c'})}{\Gamma(\alpha_{c'})\hat{y}!}}{\mathbf{Gam}(z;\alpha_{c}+\hat{y},\beta_{c}+1),}$$

we can now recognize the ratios in the numerator and denominator as negative binomial distributions. Thus Equation 1 can be written as:

$$\Pr(c, z | \vec{y}, \theta) = \frac{(\prod_{d} W_{cd}^{y_{d}}) \operatorname{NB}(\hat{y}; \alpha_{c}, \frac{1}{\beta_{c}+1})}{\sum_{c'} (\prod_{d} W_{c'd}^{y_{d}}) \operatorname{NB}(\hat{y}; \alpha_{c'}, \frac{1}{\beta_{c'}+1})} \operatorname{Gam}(z; \alpha_{c} + \hat{y}, \beta_{c} + 1).$$

We can now easily obtain  $Pr(c|\vec{y}, \theta)$  by integrating  $Pr(c, z|\vec{y}, \theta)$  over z:

$$\begin{aligned} \Pr(c|\vec{y},\theta) &= \frac{\left(\prod_{d} W_{cd}^{y_{d}}\right) \operatorname{NB}(\hat{y};\alpha_{c},\frac{1}{\beta_{c}+1})}{\sum_{c'} \left(\prod_{d} W_{c'd}^{y_{d}}\right) \operatorname{NB}(\hat{y};\alpha_{c'},\frac{1}{\beta_{c'}+1})} \\ &= \frac{\operatorname{NB}(\hat{y};\alpha_{c},\frac{1}{\beta_{c}+1}) \exp\left(\sum_{d} y_{d} \ln W_{cd}\right)}{\sum_{c'} \operatorname{NB}(\hat{y};\alpha_{c'},\frac{1}{\beta_{c'}+1}) \exp\left(\sum_{d} y_{d} \ln W_{c'd}\right)}, \end{aligned}$$

which is our claimed expression in Equation 2.

## **Appendix B: Derivation of M-Step Update Rules**

Expectation-Maximization (EM) maximizes a lower bound of the log-likelihood called the free energy  $\mathcal{F}(\theta_t, \theta_{t-1})$ , which is a function of the parameter values from the previous and current iteration of EM:

$$\mathcal{F}(\theta_{t}, \theta_{t-1}) = \sum_{n} \sum_{c'} \Pr(c' | \vec{y}^{(n)}, \theta_{t-1}) (\ln \Pr(\vec{y}^{(n)} | c', \theta_{t}) + \ln \Pr(c' | \theta_{t})) + H(\theta_{t-1}).$$

where  $H(\theta_{t-1})$  is the Shannon entropy as a function of the old parameter values only.

The M-step update rule for the parameters  $\lambda_c$  is found by taking the partial derivative of the free energy and setting it to zero:

$$\frac{\partial \mathcal{F}(\theta_{t}, \theta_{t-1})}{\partial \lambda_{c,t}} = 0.$$
(8)

The partial derivative of all terms in the sum on c' are zero, except for c' = c. Also, the Shannon entropy is a function of the old parameter values only. Thus, Equation 8 becomes:

$$0 = \frac{\partial}{\partial \lambda_{c,t}} \sum_{n} \Pr(c|\vec{y}^{(n)}, \theta_{t-1}) (\ln \Pr(\vec{y}^{(n)}|c, \theta_{t}) + \ln \Pr(c|\theta_{t}))$$
$$= \sum_{n} \Pr(c|\vec{y}^{(n)}, \theta_{t-1}) \left( \frac{\frac{\partial}{\partial \lambda_{c,t}} \Pr(\vec{y}^{(n)}|c, \theta_{t})}{\Pr(\vec{y}^{(n)}|c, \theta_{t})} + \frac{\frac{\partial}{\partial \lambda_{c,t}} \Pr(c|\theta_{t})}{\Pr(c|\theta_{t})} \right)$$

Since the prior  $Pr(c|\theta_t) = 1/C$  is independent of  $\lambda_{c,t}$ , its derivative is zero. The likelihood of a data point is:

$$\Pr(\vec{y}^{(n)}|c,\theta_{t}) = \int \Pr(\vec{y}^{(n)}|z,c,\theta_{t}) \Pr(z|c,\theta_{t}) dz$$
$$= \int \left(\prod_{d=1}^{D} \operatorname{Pois}(y_{d};zW_{cd})\right) \operatorname{Gam}(z;\alpha_{c,t},\beta_{c,t-1}) dz$$

As shown in Appendix A, this integral is tractable:

$$\Pr(\vec{y}^{(n)}|c,\theta_{t}) = \left(\prod_{d=1}^{D} \frac{(W_{cd,t})^{y_{d}^{(n)}}}{y_{d}^{(n)}!}\right) (\hat{y}^{(n)}!) \operatorname{NB}(\hat{y}^{(n)};\alpha_{c,t},\beta_{c,t-1}).$$

In the limit that  $\alpha_{c,t} \to \infty$  while  $\alpha_{c,t}/\beta_{c,t-1}$  is held constant, the likelihood of a data point simplifies to:

$$\Pr(\vec{y}^{(n)}|c,\theta_{t}) \approx \left(\prod_{d=1}^{D} \frac{(W_{cd,t})^{y_{d}^{(n)}}}{y_{d}^{(n)}!}\right) \lambda_{c,t}^{\hat{y}^{(n)}} \exp\left(-\lambda_{c,t}\right).$$

Its derivative with respect to  $\lambda_{c,t}$  has a compact form:

$$\frac{\partial}{\partial \lambda_{c,t}} \Pr(\vec{y}^{(n)}|c,\theta_t) = \Pr(\vec{y}^{(n)}|c,\theta_t) \left(\frac{\hat{y}^{(n)}}{\lambda_{c,t}} - 1\right).$$

Equation 8 can then be written as:

$$\sum_{n} \Pr(c|\vec{y}^{(n)}, \theta_{t-1}) \left(\frac{\hat{y}^{(n)}}{\lambda_{c,t}} - 1\right) = 0.$$

Rearranging:

$$\lambda_{c,t} = \frac{\sum_{n} \Pr(c | \vec{y}^{(n)}, \theta_{t-1}) \hat{y}^{(n)}}{\sum_{n} \Pr(c | \vec{y}^{(n)}, \theta_{t-1})}$$

The update rule for the weights  $W_{cd}$  are also found analogously, except for the presence of the constraint that  $\sum_{d} W_{cd} = 1$ . This constraint is enforced by introducing Lagrangian multipliers  $\Lambda_c$ :

$$\frac{\partial \mathcal{F}(\theta_{t}, \theta_{t-1})}{\partial W_{cd,t}} + \frac{\partial}{\partial W_{cd,t}} \sum_{c'} \Lambda_{c'} \left( \sum_{d'} W_{c'd',\text{new}} - 1 \right) = 0.$$
(9)

The partial derivative of all terms in both sums on c' are zero, except for c' = c. Also, the Shannon entropy is a function of the old parameter values only. The derivative of the free energy is then:

$$\frac{\partial \mathcal{F}(\theta_{t}, \theta_{t-1})}{\partial W_{cd,t}} = \sum_{n} \Pr(c|\vec{y}^{(n)}, \theta_{t-1}) \left( \frac{\frac{\partial}{\partial W_{cd,t}} \Pr(\vec{y}^{(n)}|c, \theta_{t})}{\Pr(\vec{y}^{(n)}|c, \theta_{t})} + \frac{\frac{\partial}{\partial W_{cd,t}} \Pr(c|\theta_{t})}{\Pr(c|\theta_{t})} \right)$$

Since  $Pr(c|\theta_t) = 1/C$  is independent of the weights, its derivative is zero. The derivative of  $Pr(\vec{y}^{(n)}|c, \theta_t)$  has a compact form:

$$\frac{\partial}{\partial W_{cd,\mathfrak{t}}} \Pr(\vec{y}^{(n)}|c,\theta_{\mathfrak{t}}) = \Pr(\vec{y}^{(n)}|c,\theta_{\mathfrak{t}}) \left(\frac{y_d}{W_{cd,\mathfrak{t}}}\right),$$

so the derivative of the free energy is:

$$\frac{\partial \mathcal{F}(\theta_{\mathsf{t}}, \theta_{\mathsf{t}-1})}{\partial W_{cd,\mathsf{t}}} = \sum_{n} \Pr(c | \vec{y}^{(n)}, \theta_{\mathsf{t}-1}) \left( \frac{y_d^{(n)}}{W_{cd,\mathsf{t}}} \right).$$

The partial derivative of all terms in the sum on d' are zero, except for d' = d. Equation 9 is then:

$$\sum_{n} \left(\frac{y_d}{W_{cd,t}}\right) \Pr(c|\vec{y}^{(n)}, \theta_{t-1}) + \Lambda_c = 0.$$
(10)

Multiplying through by  $W_{cd,t}$ , summing over d, and letting  $\sum_{d} W_{cd,t} = 1$ , we find  $\Lambda_c$ :

$$\Lambda_c = -\sum_d \sum_n \Pr(c | \vec{y}^{(n)}, \theta_{\mathsf{t-1}}) y_d^{(n)}$$

Inserting  $\Lambda_c$  into Equation 10 and rearranging for  $W_{cd,t}$ :

$$W_{cd,t} = \frac{\sum_{n} y_d \Pr(c | \vec{y}^{(n)}, \theta_{t-1})}{\sum_{d'} \sum_{n} y_{d'} \Pr(c | \vec{y}^{(n)}, \theta_{t-1})}$$

This is the same updating rule for the weights as that derived in Keck et. al [9]. Notice that if we sum  $W_{cd,t}$  over d, the sum must be 1 as required.

## **Appendix C: Neural Network Learning Approximates EM**

If our neural network's synaptic weights are normalized at convergence, then Keck et. al. [9] showed that those weights approximate those given by the EM algorithm for PPG data. Here, we only show that the sum of the weights for each hidden unit  $\bar{W}_c \equiv \sum_d W_{cd}$  converges to 1, and refer interested readers to the complete proof in [9].

Recall the Hebbian plasticity rule for the synapse connecting input neuron d to hidden neuron c:

$$\Delta W_{cd} = \epsilon_W (s_c y_d - s_c \lambda_c \bar{W}_c W_{cd})$$

Summing both sides over *d*:

$$\Delta \bar{W}_c = \epsilon_W (s_c \hat{y} - s_c \lambda_c \bar{W}_c^2).$$

Assume that the weights have converged, and let the network observe a batch of N data points. The change in  $\overline{W}_c$  given the batch of N data points is:

$$\Delta \bar{W}_{c}^{(N)} = \frac{1}{N} \sum_{n} \epsilon_{W} (s_{c}^{(n)} \hat{y}^{(n)} - s_{c}^{(n)} \lambda_{c} \bar{W}_{c}^{2}).$$

Assuming that the inputs  $\vec{y}^{(n)}$  are drawn from a stationary distribution  $\Pr(\vec{y}^{(n)})$ , and assuming a small learning rate and a large batch size, we can accurately approximate the sum with an expectation:

$$\Delta \bar{W}_c^{(N)} \approx \epsilon_W \left( \langle s_c \hat{y} \rangle_{\Pr(\vec{y})} - \lambda_c \bar{W}_c^2 \langle s_c \rangle_{\Pr(\vec{y})} \right).$$
(11)

Inserting  $s_c = \Pr(c|\vec{y}, \theta)$ , the left expectation may be written as:

$$\langle s_c \hat{y} \rangle_{\Pr(\vec{y})} = \sum_{\vec{y}} \hat{y} \Pr(c|\vec{y},\theta) \Pr(\vec{y}) = \sum_{\vec{y}} \hat{y} \frac{\Pr(c,\vec{y}|\theta)}{\Pr(\vec{y}|\theta)} \Pr(\vec{y}).$$

If the true data distribution is the same as the distribution learned by the model, then  $Pr(\vec{y}|\theta)$  and  $Pr(\vec{y})$  cancel:

$$\langle s_c \hat{y} \rangle_{\Pr(\vec{y})} = \Pr(c|\theta) \sum_{\vec{y}} \hat{y} \Pr(\vec{y}|c,\theta).$$
 (12)

We can rewrite the sum as a conditional expectation:

$$\sum_{\vec{y}} \hat{y} \operatorname{Pr}(\vec{y}|c,\theta) = \sum_{\hat{y}} \hat{y} \sum_{\sum_{d} \vec{y} = \hat{y}} \operatorname{Pr}(\vec{y}|c,\theta) = \sum_{\hat{y}} \hat{y} \operatorname{Pr}(\hat{y}|c,\theta) = \langle \hat{y} \rangle_{\operatorname{Pr}(\hat{y}|c,\theta)} \,.$$

Using the tower property of conditional expectations and evaluating them for our generative model:

$$\langle \hat{y} \rangle_{\Pr(\hat{y}|c,\theta)} = \left\langle \langle \hat{y} \rangle_{\Pr(\hat{y}|z,c,\theta)} \right\rangle_{\Pr(z|c,\theta)} = \left\langle z \bar{W}_c \right\rangle_{\Pr(z|c,\theta)} = \bar{W}_c \lambda_c.$$

Inserting  $\overline{W}_c \lambda_c$  for the sum in Equation 12:

$$\langle s_c \hat{y} \rangle_{\Pr(\vec{y})} \approx \Pr(c|\theta) \bar{W}_c \lambda_c.$$

The right expectation in Equation 11 is:

$$\langle s_c \rangle_{\Pr(\vec{y})} = \sum_{\vec{y}} \Pr(c|\vec{y},\theta) \Pr(\vec{y}) = \sum_{\vec{y}} \frac{\Pr(\vec{y}|c,\theta) \Pr(c|\theta)}{\Pr(\vec{y}|\theta)} \Pr(\vec{y})$$

If the true data distribution is the same as the distribution learned by the model, then  $Pr(\vec{y}|\theta)$  and  $Pr(\vec{y})$  cancel:

$$\langle s_c \rangle_{\Pr(\vec{y})} = \Pr(c|\theta) \sum_{\vec{y}} \Pr(\vec{y}|c,\theta) = \Pr(c|\theta).$$

Inserting our expressions for  $\langle s_c \hat{y} \rangle_{\Pr(\vec{y})}$  and  $\langle s_c \rangle_{\Pr(\vec{y})}$  into Equation 11:

$$\Delta \bar{W}_c^{(N)} \approx \epsilon_W \Pr(c|\theta) \lambda_c \bar{W}_c \left(1 - \bar{W}_c\right).$$

This expression has stationary points at  $\overline{W}_c = 1$  and 0. The stationary point at 1 is stable, while the stationary point at 0 is unstable. If the weights are initialized to be positive and the learning rate is sufficiently small,  $\overline{W}_c$  converges to 1.

## **Intrinsic Parameters**

Recall the learning rule for the intrinsic parameter of hidden neuron c:

$$\Delta \lambda_c = \epsilon_\lambda (s_c \hat{y} - s_c \lambda_c).$$

Consider the change in  $\lambda_c$  given a batch of N data points. Again assuming that the inputs are drawn from a stationary distribution, and assuming a small learning rate and large batch size, we can approximate  $\Delta \lambda_c^{(N)}$  with expectations:

$$\Delta \lambda_c^{(N)} \approx \epsilon_\lambda (\langle s_c \hat{y} \rangle_{\Pr(\hat{y})} - \lambda_c \langle s_c \rangle_{\Pr(\hat{y})}).$$

This equation has a stable stationary point at:

$$\lambda_c = \frac{\langle s_c \hat{y} \rangle_{\Pr(\hat{y})}}{\langle s_c \rangle_{\Pr(\hat{y})}}.$$

Comparing this with Equation 4:

$$\lambda_{c,\mathsf{t}} = \frac{\sum_{n} \Pr(c | \vec{y}^{(n)}, \theta_{\mathsf{t}\text{-}1}) \hat{y}^{n}}{\sum_{n} \Pr(c | \vec{y}^{(n)}, \theta_{\mathsf{t}\text{-}1})},$$

we see that the intrinsic parameters achieve stability when they approximate the expression yielded by the EM algorithm.